



Sacred Heart Central School

Faith & Knowledge

July 25th 2019

Dear Parents and Guardians,

This semester we are implementing two important programs for Year 9. These programs will run for a five-week block during Friday's Sport time. The programs are from Choicez Media (www.choicez.com.au) and are motivated by the need to highlight the issues and impacts resulting from the hyper-sexualisation of today's pop culture, particularly from media and marketing influences.

The Boys program - 'The Men We Need – Reach the Boy...Change the Man!'

"The Men We Need is a program that gives schools a comprehensive resource for positive change in the lives of young men...It aims to create a new culture of manhood in each school where young men are given the information, encouragement and opportunity to become all they were made to be."

It covers topics such as pornography (the addictive nature and impacts), violence, sexual violence, relationships, masculinity, the nobility of manhood and the degrading sexualisation and objectification of genders in the media. More information can be found at <http://men.choicez.com.au/home/>.

The Girls program – 'Beautiful? Addressing the impact of the sexualisation of girls.'

"By exploring the pressures of a highly sexualised media culture and its effects on the lives of girls, Beautiful offers young women a chance to listen to a deeper voice. A voice often drowned out by the noise of a world that exploits them for profit and ignores their silent hope of something better."

It covers topics such as womanhood, body image, relationships, intimacy, sexual decision-making, mental and physical health, sexual assault, self-harm, the impacts of a hyper-sexualised media culture and a way forward to support younger girls as they journey through these challenges. More information can be found at <http://www.choicez.com.au/products/education/beautiful/>.

PDHPE – Respectful Relationships

To complement these programs, we will be completing a unit in PDHPE called Respectful Relationships. This unit will build on from the concepts in the above programs and focus on topics such as consent, ethical relationships, body language, the strength of character, intimacy, dating violence and the equal balance of power in relationships.

If there are any concerns with the content we will be covering, please contact me to discuss these. We will endeavour to provide a classroom environment where these issues can be discussed accurately, safely and with respect for the other members of the class. If these topics highlight any personal concerns for your child, we have extra support from the School Counsellor (Rachael Sheridan), Mrs Thompson or Ms Marsay (Pastoral).

Thank you for supporting Sacred Heart in implementing these worthwhile programs.

Kind regards

Mrs Megan Gale
PDHPE Teacher

Mrs Katie Thompson
Assistant Principal