From the Principal

At Mass on Saturday evening we welcomed the 21 candidates preparing for the Sacraments of Reconciliation and First Eucharist. Please keep these children, their parents and families, as well as the Sacramental Team in your prayers over the coming weeks. As we begin Lent, we pray for all in our community to take some time for quiet reflection, prayer and renewal.

Almighty and Everlasting God,
You have given us
Jesus Christ our Saviour as a model of humility.
He fulfilled Your Will by becoming Man
And giving His life on the Cross.
Help us to bear witness to You
By following His example of suffering
And make us worthy to share in His Resurrection.
We ask this through our Lord Jesus Christ, Your Son.

MARY, Mother of Jesus,
you were Jesus' gift for us from the Cross.
He gave you to us as our mother.
We pray you intercede for all our needs.
Amen

Week 3

DATE FOR THE DIARY – Students are to attend school on Day 1 Term 2 (Monday 30 April). They will have
Wednesday 9 May off instead. This is so all our staff can attend a professional learning opportunity to work with
a leader in Inquiry Learning in Cootamundra.

Kath Murdoch is an experienced teacher, author, university lecturer and popular consultant who has worked
for many years in schools throughout Australia, New Zealand, Asia, America and Europe. She is widely respected
for her work in the field of inquiry based learning and integrative curriculum in which she has taught, researched
and published for well over 20 years.

Kath began her professional life as a classroom teacher in Melbourne. Her fascination in how students'
constructed their understandings - and her interest in the way questions and big ideas could drive curriculum
soon lead to a passion for integrative and inquiry based methodologies. This passion has become a career long
focus for teaching, research and writing and the methodologies in which Kath specialises are now central to
curriculum frameworks in many parts of the world – including the popular International Baccalaureate, PYP
program.

Critical to Kath’s success is her continued involvement in classroom teaching. Whether it is to demonstrate
techniques, coach teachers or build her own repertoire of practices, Kath is committed to regular and ongoing
work with students. Her classroom work and research feeds a dynamic and ever-evolving expertise in the area
of integrative and inquiry-based learning.

Kath’s professional development offerings are diverse and her style is refreshingly practical, inclusive and always
connected to the real world of teaching.
Sacred Heart Central School Newsletter

Hair ribbons – JoJo Bows
We understand that many of our girls wish to wear JoJo bows as they are currently very fashionable. We are happy for the girls to wear them, however please ensure that any worn to school are in the school colours – white, pale blue, navy blue or red only. This colour rule applies to all ribbons and bows that our girls wear to school.

Kinder and Year 7 Information Evenings and ‘Meet and Greets’
Thanks and congratulations to Emma McDonnell and Dan O’Brien who both ran information sessions last night for Kinder and Year 7 respectively. They were very well organised and run and I greatly appreciate the time and effort that went into providing an informative and useful session for our parents and students. Thank you to the large number of staff who also attended and supported the evenings, both with setting up and being present. Thank you to our welcoming committee consisting of Sonya Ward, Julia McLeod and Bec Gay who were on hand to ensure all the catering ran very smoothly and to all the parents who contributed the beautiful salads. Both were lovely community building meals and it was heartening to see everyone come together and get to know each other a little better.

Uniform
I would like to thank the vast majority who are wearing our uniform beautifully. We greatly appreciate your support in ensuring our students look neat, smart and that they belong at Sacred Heart each day. Please remember that the two-year phase in period for the ‘new’, navy PE sports finished for Secondary at the end of 2017. All secondary students should now be wearing the navy sports shirt and not the pale blue one. Primary students still have the choice to wear either, until the end of 2018.

School TV
Many parents will be aware of the tragic circumstances in which Amy ‘Dolly’ Everett lost her life earlier this year as a result of cyberbullying. Dolly, as she was affectionately known, has since become the face of a campaign to raise awareness of bullying, anxiety, depression and youth suicide. A legacy that Dolly’s bereaved family fully support with the intent of sparing other families from the same grief.

In this Special Report, Dr Michael Carr-Gregg highlights the dangers associated with social media and outlines how parents can help reduce the risk of cyberbully. Preventing such a tragedy from reoccurring again, needs to have the support of parents, schools and the wider community. All of which must work together towards reducing the risks associated with bullying. Parents especially, need to be aware of the dangers and be proactive in not accepting bullying behaviour of any sort.

Let’s do it for Dolly.

If you have any concerns about your child, please contact the school for further information.

Here is the link to your special report:
http://shcoota.nsw.schooltv.me/wellbeing_news/cyberbullying-special-report
School Leadership Day
Today, the School Leadership Team met with leadership teams from St Anne’s Temora and St Mary’s Young to work together to develop strong Instructional Leadership understandings and skills. It was a terrific day to share ideas and work collaboratively with leaders from other schools. Mrs Leonie Anstey facilitated the day and provided us with challenging concepts to deliberate and discuss with a view to always improving how we teach and students’ learning. Taking time to analyse our own student data and whole school surveys to inform future planning and how we can achieve our goal for the year of ensuring that every child at the school experiences at least one year’s academic growth proved very valuable. Thanks to Mr Andrew Alderman and Mrs Patrece Maxwell for holding the fort in our absence.

Uniform Committee Reminder
Each year we try to form a uniform committee to assist with updating our uniform and to provide a platform for any concerns regarding the uniform. A member of the School Board will be on the committee along with myself and a teacher representative. We will also have student leaders as part of the committee, but we would greatly appreciate any parents who would like input and have the time to assist with researching possible changes, costs, etc. If you are interested in being on this committee, please email me at janet.cartwright@cg.catholic.edu.au by Friday 16 February so that the first meeting can be organised. At this stage, it is proposed to have the meetings on Monday afternoons after school so that student representatives are able to attend. If this doesn’t suit, please let me know any day/time preferences when you email so that they can be considered. We have very limited options as Tuesdays are our Leadership Team meetings and Information Sessions, Wednesdays are staff meetings and students have sporting/other commitments on Thursdays after school each week.

Year 10 Hennessy BBQ
Traditionally our previous Year 10 students who have commenced Year 11 at Hennessy are invited to attend a BBQ with their families, held at Sacred Heart and hosted by Hennessy Leadership. This year we would like to extend this invitation to include the current Year 10 students and their families. The BBQ will be held on Monday 19 February from 6.30pm at our new BBQ area. A RoSA session which all students and at least one parent should attend will be held from 6pm and the BBQ will follow after that. Invitations will be sent home with students, but please save the date as it will be a lovely, informal opportunity to speak with both Sacred Heart and Hennessy staff, catch up with old friends, etc. All food will be provided on the night. BYO drinks (this is a change). We look forward to seeing you there. All Year 10 students have been issued an invitation. Please RSVP by Thursday 15 February to assist with catering.

Opening School Mass
Please come along to our Opening School Mass on Friday 23 February from 12noon. Our Student Leadership Teams, including House Captains will be inducted and all students new to the school either throughout 2017 or at the beginning of 2018 will be welcomed into our community and presented with a Sacred Heart candle. The Mass will be a lovely opportunity to welcome in the new school year and celebrate everything that is wonderful about Sacred Heart.

God Moments
We have all had times of great wonder during which we experienced God’s presence: a sunset, a piece of music or a baby’s smile. If we are willing to see and to listen to life around us, we will experience God speaking to us through the wonder of His creation in all its forms.

Often our understanding of prayer can be too narrow and can exclude everyday experiences because they don’t fit our definition of what prayer is or is supposed to be.

If prayer is any activity that nurtures our relationship with God, then, if having a cup of tea with a friend nurtures this relationship that is prayer. If sitting still in a park or garden feeds your soul that is prayer. Listening to music, assisting at children’s liturgy, coaching a team, can all be prayer.

We may have stopped praying because our “old” images of God are no longer valid and we have no “new” images to replace them. If we try to figure out who God is before we pray, we might never pray.

If we wait to pray till we have the right words, we might never pray. The longer we wait to pray the more we leave God “in the Church” or in a “Religious Ceremony” instead of in a relationship with us.

With blessings.
Changes to the Calendar
Small Schools Rugby League now on June 5th in Tumut. Was 26th February.
Year 6 Reflection Day changed to Wednesday 28th February. Was 21st February

2 weeks ahead

| Mon 19 Feb | All day | 2018 Year 11 Hennessy BBQ | Mon 29 Feb | All day | Week 5 |
| Wed 21 Feb | All day | Kinder interviews - times to advise | Wed 29 Feb | All day | Kinder Rest Day |
| Thu 22 Feb | 6:30 – 7:30pm | 4. Reconciliation and First Eucharist | Thu 1 Mar | 6:30 – 7:30pm | 5. Reconciliation and First Eucharist |
| Fri 23 Feb | 12 – 1pm | Opening School Mass 12pm | Fri 2 Mar | 11:45am – 12:45pm | 1 Milma Primary Assembly |
| | | | Sat 3 Mar | 2 – 7pm | School Weekend Mass 6pm |
| | | | Sat 4 Mar | All day | LEAD - Secondary Student Leaders |

Class Awards Primary Term 1 Week 3

ES1M  Sophie Knewstub
       Tristen Collins
       Angus Holihan

1GH  Nate Vitnell
     Sarah Lake

1M  Olivia Blackney
    Lucy Coggan

2C  Blake Holder
    Sophie Roberts

2N  Zane Lange
    Bella Jones

Matilda Campbell
Sarah Harris
Tegan Hutchinson
Zoe Beath
Amarii Kelleher
Shirley Bear
Thomas Jones
Notices

URGENT

There are still a few outstanding forms which should have been returned by Monday 5\textsuperscript{th} February 2018. These forms are a requirement of the CE and must be returned to the front office by the due date.

- General Consent Form for Excursions and Medical History
- Student Medical Condition Checklist
- Student information checklist

Please look over your child’s information and make any changes.

<table>
<thead>
<tr>
<th>YEARS</th>
<th>VACCINE</th>
<th>NUMBER OF DOSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 7</td>
<td></td>
<td></td>
</tr>
<tr>
<td>27/2 First dose</td>
<td>Human papillomavirus (HPV) vaccine</td>
<td>2-doses at least 6 months apart</td>
</tr>
<tr>
<td>3/9 Sec dose</td>
<td>Diphtheria-Tetanus-Pertussis (whooping cough) vaccine</td>
<td>Single dose</td>
</tr>
<tr>
<td>Years 10-11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7/6 Single dose</td>
<td>Meningococcal ACWY vaccine</td>
<td>Single dose</td>
</tr>
</tbody>
</table>

A reminder to parents if you haven’t already done so could please return your child’s consent card by Monday 19\textsuperscript{th} February.
Sports News

Swimming for Sport.

Primary students (Yr3-6) will swim for sport each Thursday in Weeks 1, 4, 5 and 6. Please ensure students have $2.50 for pool entry, swimmers, rash shirt/ shirt, towel and sunscreen.

Secondary Students will swim or do water based activities for sport each Friday in Weeks 1, 2, 3, 4, 5 and 6. Please ensure students have $2.50 for pool entry, swimmers, rash shirt/ shirt, towel and sunscreen.

Congratulations Oscar Robert (Cricket) and Xanthe Tozer(Tennis) on your selection in the next level of representative sport. All the best at your next trial.

All the best to the below students who are attending the Western Region Swimming Carnival in Lake Cargelligo tomorrow.

Declan Brown, Roy Dunk, Harry Winsor, Declan Emery, Jake Winsor, Joshua Harris, Corey Gale, Jock Caldwell, Caleb Jones, Dominic Shepherd, Evie Leahy, Bella Betts, Ellie Lake, Nellie Ward, Sasha Louttit, Xanthe Tozer, Maggie Hazlett, Lucy Shields, Sarah Harris, Lucy Smirl, Lily Murphy, Angus Hunt and Wylie Leahy.

Congratulations and Sorry to Zoe Guthrie I missed announcing her record breaking feat at our swimming carnival and in last week’s newsletter. Zoe now holds the 50m senior girl breaststroke record.

All the best to Oscar Roberts who will be attending Primary AFL trials in Wollongong next Wednesday.

Primary Dates:
Friday 16th February - Western Region Swimming Carnival - Lake Cargelligo
Wednesday 21st February - Primary AFL Trials - Wollongong
Tuesday 27th February - Archdiocesan Primary Swimming Carnival - Boorowa
Monday 5th March - Winter Sports Trials - Queanbeyan
Tuesday 6th March - NRL Well-Being presentation 11:45-12:30
Friday 13th April - Sacred Heart Cross Country

Secondary Dates:
Monday 26th February - Archdiocesan Secondary Swimming Carnival - Goulburn
Wednesday 28th February - Small Schools Rugby League Secondary – Tumut
Wednesday 13th March - Years 7-9 Tag League – Young
Wednesday 28th March - Combined Sec C-G/Wagga Open Touch Trial - Wagga
Wednesday 4th April - Secondary Rugby League Trials - Forbes
Friday 13th April - Sacred Heart Cross Country

VERY IMPORTANT NOTICE:
From now on some CCC sport nominations will be completed on line. Parents interested in nominating their child for particular sports need to read the attached PDF document and visit the website to nominate their child. [www.csss.nsw.edu.au](http://www.csss.nsw.edu.au). Further information will be sent home when students return an expression of interest note.
Canteen Roster

16th Feb – 22nd Feb 2018

Friday 16th Feb
M Finnigan, S Fry

Monday 19th Feb
V Twyford, K Clark
B Walker

Tuesday 20th Feb
S Caldwell

Wednesday 21st Feb
L Dickinson

Thursday 22nd Feb
C Campbell, J Dunk

Thank You

P & F News

P & F
Save the Dates

Saturday 5th May Cash Bingo
@ Coota RSL Club
See flyer below.

Friday 19th October – Colour Run

Sunday 18th November – Holy the 13th
@ Cootamundra Country Club
Charity Cash Bingo

Saturday 5th May
Raising Funds for
Sacred Heart P & F
Guaranteed Minimum

$50
Prizemoney
per game.
Books $20 each
Half books available
Books on Sale from 6.30pm
Eyes Down 7.30pm

Table Bookings Welcome
Phone 6942 1677
Other Events

February
Wednesday 21 @ 10:30am & 7pm
& Sunday 25 @ 5pm

All tickets $12, please be seated 5 mins prior to start time
Origami in Cootamundra
Sunday 4 March 2018

9am-3pm all papers and a bone folder provided.

Cost - $50pp
Ages eight to eighty
Bookings required by Friday 23 Feb