



Sacred Heart Central School

Faith & Knowledge

9th November 2018

Ballarat: Sovereign Hill Excursion

Dear Parents,

It is difficult to believe that Stage 3 will be leaving for Ballarat and Echuca in less than four weeks. In preparation, please ensure that you take time to read through the packing checklist, itinerary and complete the medical information form.

Medical Form

Please complete the attached medical form and return to school by Friday 16th November 2018.

Medication

All medication needs to be given to the class teacher on Monday 4th December. It must be in the original packaging, with the child's name and dosage requirements stated. Please place in a clear plastic sealed bag.

Dietary requirements

If your child has special dietary requirements please notify the class teacher (in writing or by email) by next Monday 19th November, so that the information can be passed on to the accommodation places at both Ballarat and Echuca.

Cost

Thank you those people who have paid in full for the excursion. A reminder to those who have not, that the total cost of **\$360** must be paid to the Front Office by this **Friday 16th November**.

Departure

On Tuesday 4th December, we will depart at 7:00am from Sutton Street. Please be at school by **6:45am** and ensure your child has a **PACKED RECESS and LUNCH** for the trip as there will be no facilities to buy food.

If your child is sick on the day, please contact a staff member so that the bus can leave on time.

Adults Attending

The teachers attending the excursion include Mrs Patrece Maxwell, Mrs Julia McLeod and Mrs Winsor. There will also be three parents in attendance.

Phone Number

If you need to contact the teachers/students on the excursion during school hours please phone the school on **69 422612**. In the case of emergency, you are able to phone Mrs Patrece Maxwell **0487177736**, Mrs Julia McLeod 0427866238 and Mrs Kylie Winsor 0427560077

PLEASE NOTE:

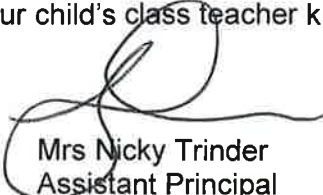
All sheets, pillows and towels are provided.

Students **are not to bring phones or iPads**.

On the bus, we will be watching some PG movies. Please let your child's class teacher know if you are concerned about this.

Kind regards,

*Patrece Maxwell
Julia McLeod*
Stage 3 Teachers


Mrs Nicky Trinder
Assistant Principal

Packing Checklist: Please make sure EVERYTHING is clearly labelled with your child's name!

- Recess and Lunch in a backpack for the bus trip on Monday
- 3 changes of clothes (including underwear and socks)
 - pants/jeans/shorts
- 1 jumper
- swimmers and towel
- sturdy/enclosed footwear
- thongs for showers
- toiletries
- hat
- sunscreen
- pillow (optional)
- camera (optional) clearly named
- watch (if possible)
- spending money- **maximum of \$50** (to be in a labelled enveloped and given to a teacher for safe keeping)

Itinerary – Ballarat 2018

Day 1 Tuesday 4 December	
7am	Depart Sacred Heart – Sutton Street
	Morning Tea (Students need to bring their own Recess)
1pm	Lunch (Students need to bring their own Lunch)
4pm	Ballarat Museum
6:30pm	Dinner- Pizza in Park
7:30pm	Laser Tag
9:00pm	Arrival- Cardigan Lodge
9:30pm	Bed time - Lights Out

Day 2 Wednesday 5 December	
7am	Breakfast – Cardigan Lodge
9am to 5pm	Sovereign Hill Education Program
7:00pm	Cardigan Lodge - Dinner
8:00pm	Night Show at Sovereign Hill
10:45pm	Bed time - Lights Out

Day 3 Thursday 6 December	
7:30am	Breakfast - Cardigan Lodge
9am to 12noon	Sovereign Hill Education Program
12:30pm	Depart Ballarat
3pm	River Cruise - Paddle Steamer down the Murray
4pm	Walk around Port and Discovery Centre
5:30pm	Arrive River Village Accommodation - Make up beds and shower
6:30pm	Dinner - River Village Accommodation
7:30pm	Ten Pin Bowling
9:30pm	Bed time - Lights Out

Day 4 Friday 7 December	
7:30am	Breakfast – River Village
9:00am	Riverbank Walk
10am	Depart Echuca
12am	Lunch: Jerilderie
4pm	Return to school

SACRED HEART CENTRAL SCHOOL COOTAMUNDRA

Medical Information for Camps, Overnight Excursions & Outdoor Adventure Activities - In Confidence

This form is to assist the School in case of any medical emergency with the student. All information is held in confidence.

Please print clearly

School: Sacred Heart Central School

Camp/Excursion: Stage 3 Ballarat December 2018

Student's Name:

Date of Birth:.....School Year:

Parent's/Guardian's Full Name:

Address:

Parent's Emergency Numbers: After Hours.....Business Hours:

Other Emergency Contacts:

Name of Student's Doctor: Telephone No:

Medicare No:

Medical/Hospital Insurance Fund: Contribution No:

Ambulance Fund: (I am aware that I am responsible for ambulance costs)

Please circle if your child suffers any of the following:

- | | | | |
|---------------------|-------------------|---------------------------------|------------------------|
| asthma | fainting | eczema | hayfever |
| high blood pressure | fits or blackouts | heart condition | sight/hearing problems |
| headaches | allergies | diabetes | bed wetting |
| nose bleeds | epilepsy | adverse reactions to medication | other - specify below |

If yes to any of the above, please give details below or add an attachment:

When was the last tetanus injection?

Please state the nature of any acute illness or treatment received by a medical practitioner for an injury during the last 4 weeks with instructions about further treatment.

Please state the name of any medication with dosage presently being taken by the student.

Prior to leaving, all medications must be handed to the teacher in charge with the student's name, the dose to be taken and when it should be taken clearly indicated. (To be kept in a safe place and distributed as required) Except for asthma bronchodilators, please do not allow students to be in possession of any medicine while on the camp/excursion.

Do you consent to the student receiving paracetamol for temporary relief of pain? Yes: No:

Please list any Physical/Psychological Limitations:

Is there any other information which you believe may help us to provide the best possible care?

Consent to Medical Attention. In the case of an emergency. I authorise the School, where it is impracticable to communicate with me to arrange for the student to receive such medical or surgical treatment as may be deemed necessary. I also undertake to pay costs which may be incurred for medical attention, ambulance transport and drugs while the student is on the camp/excursion.

Signed (Parent/Guardian): Date:

Information listed on this form will be held by the school. This information may be disclosed to government or private medical or para-medical staff and other relevant officers in the event of an accident or emergency.